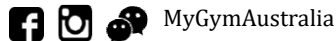


My Gym Australia

Top Ryde City Shopping Centre, Ground Level
info@mygymau.com | www.mygymau.com
(02) 9807 7518



October Schedule 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Terrific Tots 9:30-10:20 Waddlers 10:30-11:20 Gymsters 11:30-12:20 Mighty Mites 12:30-1:30 Staff Meeting, Training, and Gym Cleaning	Waddlers 9:30-10:20 Terrific Tots 10:30-11:20 Gymsters 11:30-12:20 Tiny Tykes 12:30-1:20 Mighty Mites 3:20-4:20 Whiz Kids/Champions 4:30-5:30 Practice & Play 5:40-6:30	Waddler 9:30-10:20 Gymsters 10:30-11:20 Mighty Mites 11:30-12:30 Terrific Tots 12:40-1:30 Tiny Tyke/Waddler 4:30-5:20 Whiz Kids/Champions 5:30-6:30	Mighty Mite/Whiz Kids 9:30-10:30 Tiny Tykes 10:40-11:30 Gymsters 11:40-12:30 Waddlers 12:40-1:30 Practice & Play 2:40-3:30 Mighty Mite/Whiz Kids 3:40-4:40 Gymster/Terrific Tots 4:50-5:40 Waddlers 5:50-6:40	Terrific Tots 9:30-10:20 Mighty Mites 10:30-11:30 Waddler 11:40-12:30 Tiny Tykes 12:40-1:30 Practice & Play 2:20-3:10 Gymsters 3:20-4:10 Mighty Mites/Whiz Kids 4:20-5:20 Whiz Kids/Champions 5:30-6:30
More to offer: 1. Parents' Night Out 2. Parents' Workshop 3. Family Fun Events 4. Member Events		Saturday	Saturday	Sunday
		Tiny Tyke/Waddler 9:30-10:20 Gymsters 10:30-11:20 Terrific Tots 11:30-12:20 Mighty Mite/Whiz Kids 12:30-1:30	Whiz/Champions 1:40-2:40 Tiny Tykes/Waddlers 3:00-3:50 Gymsters 4:00-4:50 Terrific Tots 5:00-5:50	Whiz/Champions 9:30-10:30 Tiny Tykes/Waddlers 10:40-11:30 Mighty Mites 11:40-12:30 Birthday Parties

Music Together Class

Monday	Tuesday	Wednesday	Thursday	Friday
Music 4 Us 10:30-11:15		Music 4 Us 9:30-10:15 Music 4 Us 10:30-11:15 Music 4 Us 11:30-12:15	Music 4 Us 10:30-11:15 Music 4Us 11:30-11:15	Music 4 Us 9:30-10:15 Music 4 Us 10:30-11:15
Music4Us: 7 months to 5 years This 45 minute program created by Music Together teaches children and adults to learn how to "speak music" - to take the musical instrument we have, ourselves, and develop that musical capacity from a young age. The sounds we make, our movements & rhythm, are the building blocks of music and of early			Saturday	Sunday
			Music 4 Us 10:00-10:45 Music 4 Us 11:00-11:45 Music 4 Us 12:00-12:45	Music 4 Us 9:15-10:00 Music 4 Us 10:15-11:00 Music 4 Us 11:15-12:00

Parent Participation Classes

Little Bundles: 6 wks to 6 mos
 Tiny Tykes: 7 to 13 months
 Waddlers: 14 to 22 months
 Gymsters: 23 mos to 2.5 yrs
 Terrific Tots: 2.5 to 3.25 years

Independent Classes

Mighty Mites: 3.25 to 4.5 years
 Whiz Kids: 4.5 to 6 years
 Champions: 6 to 8 years

Best Birthday Ever!

Celebrate your child's birthday with captivating, age-appropriate games, organized activities, songs, puppets and more! Exciting "Space Flight" rides and a special "Birthday March" make it clear that this is no ordinary party! Our facility is exclusively dedicated to your family and guests! Just sit back and have a ball. AND... don't forget your camera! You'll want to take tons of pictures!

Parties book months in advance!
 Contact us today to book your fun-filled MY GYM PARTY!

GENERAL CLASS POLICIES AND INFORMATION:

-All fees are nonrefundable
 -24-hour advance notice is required if you will be absent your class or make-up
 -Please arrive to your class no earlier than 5 minutes before it is scheduled to begin

FOR SAFETY REASONS:

-In Parent Participation Classes, it is the responsibility of each grown up to supervise their child at all times.
 -All children are required to be in barefoot on the gym floor.
 -Adults are required to wear socks to enter the gym floor.
 -My Gym cannot assume responsibility for lost or stolen articles.